



INVITATION TIL INTERNAT OM: "PSYCHODYNAMIC APPROACHES TO THE THEORY AND TREATMENT OF SEXUAL OFFENDERS"

Kære medlem af Dansk Retspsykologisk Selskab,

Det er med stor glæde, at vi kan invitere dig til et to-dagsarrangement om "*Psychodynamic Approaches to the Theory and Treatment of Sexual Offenders*" v/**Jessica Yakeley**.

Arrangementet henvender sig til alle, der beskæftiger sig med behandling af sædelighedskriminelle og interesserer sig for, hvorledes relationsdynamikker kan underminere såvel som facillitere deres terapeutiske virke, samt hvorledes forståelsen af psykopatologiens rolle i kontaktrummet kan anvendes til at behandle klienten. Arrangementet kan tilgås af både nysgerrige, begyndere og erfarne inden for psykodynamiske og mentaliseringsbaserede tilgange.

Internatet afholdes i Aarhus og vil foregå på engelsk:

Torsdag d. 21. marts – fredag d. 22. marts 2024
Helnan Marselis Hotel
Strandvejen 25
8000 Aarhus C

Psychodynamic approaches to the theory and treatment of sexual offenders

This forensic psychotherapy seminar will provide an introduction to psychodynamic approaches to working with individuals presenting with paraphilic disorders and other problematic sexual offending behaviours. Forensic psychotherapy emerged from a psychoanalytic theoretical framework and its remit has widened to encompass other psychodynamic approaches, including group psychotherapy, democratic therapeutic communities, and mentalization-based treatment. Forensic psychotherapy aims to understand the conscious and unconscious motivations of the offender that underlie his or her antisocial acts, which may be conceptualized as defenses against unconscious aggression and anxieties stemming from early childhood experiences of abuse, trauma, and neglect. Such experiences may interfere with normal psychosocial development, including the development of pathological defenses leading to difficulties in the realm of intimate relationships, sexuality, identity, and other areas of personality functioning.

This seminar will review the basic principles of psychodynamic psychotherapy and their application to forensic settings, and then focus on psychodynamic theories and practice in relation to sexual offenders. The links between paraphilic disorders and personality disorders will be examined, with particular attention to narcissistic and antisocial personality disorders. A psychodynamic framework for the management and treatment of sexual offenders will be introduced, which takes account of the setting in which treatment is delivered; assessment, including diagnosis and risk assessment, of the patient; engaging the patient; and different modalities of treatment. Specific therapeutic interventions and techniques will be illustrated with patient examples, and some participants will be invited to bring their own cases to discuss. The seminar will also explore the difficulties in working with such individuals, including the emotional responses (countertransference) engendered in professionals and how to manage them; as well as the challenges in working in forensic institutions where problematic staff dynamics, often reflecting the patients' psychopathology, are common.

Formand

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Webmaster

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Øvrig bestyrelse

Olivia Koppel

Maria Skibdal

Terese Hartmann-Petersen

Sara W.S. Jensen

Louise Oxenbøll
(suppleant)

Nina Høegmark
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PROGRAM

DAY ONE

- 09.00-10.00:** Breakfast and welcome
10.00-11.00: Forensic psychotherapy: Principles of psychodynamic theory and practice in forensic settings
11.10-12.10: Psychodynamic conceptualizations of the psychopathology of 'perversions' and sexual offending, and their links with character pathologies
12.10-12.50: Lunch
12.50-13.50: Case discussion of participants' patients - how to do a psychodynamic formulation
14.00-15.00: Managing the countertransference: Understanding our psychological and emotional responses and how these affect the assessment (including risk assessment), management and treatment of sexual offenders
15.10-16.10: 'Toxic institutions': The psychodynamics of forensic organizations and the network
16.20-17.20: Reflective practice session – group exercise where participants will explore their emotional responses to their patients and their clinical setting
17.20-17.30: Closing remarks and questions for day one
19.00-22.00: Dinner

DAY TWO

- 09.00-10.00:** Principles of psychodynamic therapy and technique in forensic work
10.10-11.10: Individual psychodynamic therapy for sex offenders
11.20-12.20: Case discussion of participants' patients
12.20-13.00: Lunch
13.00-14.00: Group psychotherapy for sex offenders
14.10-15.10: Therapeutic techniques for narcissistic and antisocial patients
15.20-16.20: Case discussion of participants' patients
16.20-16.30: Closing remarks and questions for day two

Jessica Yakeley is a Consultant Psychiatrist specializing in Forensic Psychotherapy and the Director of the Portman Clinic, Tavistock and Portman NHS Foundation Trust in London, where she is also the Director of Medical Education. She studied medicine at Cambridge University and University College London (UCL), then trained in psychiatry at the Maudsley Hospital and Institute of Psychiatry in London. She also trained as a psychoanalyst and is a Fellow of the British Psychoanalytic Society; as well as having a PhD from UCL studying the implementation in the criminal justice system of a trial of MBT for offenders with antisocial personality disorder. Her fields of interest and research include antisocial personality disorder, narcissistic personality disorder, violence, paraphilias, risk, and psychodynamic methods of teaching about the doctor patient relationship. She has published over 100 peer-reviewed papers and chapters, and seven books including *Working with Violence: A Contemporary Psychoanalytic Approach*, *The Oxford Specialist Handbook of Medical Psychotherapy*, and *Learning About Emotions in Illness*.

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Literature:

Yakeley (2009). Working with Violence: A Contemporary Psychoanalytic Approach: 14 (Basic Texts in counselling and Psychotherapy). Palgrave Publishing.

Yakeley, J. (2021). A psychoanalytic approach to paraphilic disorders, perversions and other problematic sexual behaviours. *In: Assessing and managing problematic sexual interests: A practitioner's guide*. Akerman, Geraldine (Ed); Perkins, Derek (Ed); Bartels, Ross M. (Ed); Routledge/Taylor & Francis Group. pp. 171-192.

Yakeley, J. (2018) Psychoanalytic perspectives on paraphilias and perversions. *European Journal of Psychotherapy and Counselling*. 20: 164-183

Yakeley, J. (2017). Psychoanalytic therapy, in: *The Sage Handbook of Counselling and Psychotherapy*, Fourth Edition, edited by Feltham, C., Hanley, T. & Winter, L. London: Sage.

Yakeley, J. (2014). Psychodynamic psychotherapy: developing the evidence base. *Advances in Psychiatric Treatment* 20: 269-279

Yakeley, J. & Wood, H. (2014). Paraphilias and paraphilic disorders – guidance on diagnosis, assessment and management. *Advances in Psychiatric Treatment*, 20, 202-213

Der er lagt op til to spændende dage i godt selskab!

Vi ser frem til at se dig.

Med venlig hilsen
Bestyrelsen

Praktisk info:

Tidspunkt:

Start: d. 21. marts kl. 10.00 (morgenmad fra kl. 9.00)

Slut: d. 22. marts kl. 16.30

DRS medlemspris:

5.000,- (5.500,- for ikke-medlemmer)

Prisen er inklusiv overnatning og forplejning, men eksklusiv drikkevarer til aftenmaden

Sted:

Helnan Marselis Hotel
Strandvejen 25
8000 Aarhus C

Tilmelding:

Bindende tilmelding senest d. 15.02.24 til DRS@dp-decentral.dk

Antal deltagere:

Max. 35

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